



## Handbook of Self and Identity, Second Edition

*From The Guilford Press*

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### **Handbook of Self and Identity, Second Edition** From The Guilford Press

Widely regarded as the authoritative reference in the field, this volume comprehensively reviews theory and research on the self. Leading investigators address this essential construct at multiple levels of analysis, from neural pathways to complex social and cultural dynamics. Coverage includes how individuals gain self-awareness, agency, and a sense of identity; self-related motivation and emotion; the role of the self in interpersonal behavior; and self-development across evolutionary time and the lifespan. Connections between self-processes and psychological problems are also addressed.

#### New to This Edition

- \*Incorporates significant theoretical and empirical advances.
- \*Nine entirely new chapters.
- \*Coverage of the social and cognitive neuroscience of self-processes; self-regulation and health; self and emotion; and hypoeegoic states, such as mindfulness.

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## **Editorial Review**

### Review

"Take the world's leading authorities on the psychology of the self and ask them to write about what they know best, and you have the Handbook of Self and Identity. Now in its second edition, this remarkable handbook offers the first and last word on this important subject."--Daniel Gilbert, PhD, Department of Psychology, Harvard University

"Building on the strengths of the first edition, the editors have assembled an all-star team of experts to address classic topics and emerging areas of inquiry into the many and varied facets of self and identity. Bringing together individual and social perspectives, this handbook serves as a powerful reminder that self and identity are rooted in biological, social, and cultural contexts, and have far-reaching consequences for how people think, feel, and act as individuals and as members of relationships and groups. Quite simply, this handbook is a 'must read.'"--Mark Snyder, PhD, McKnight Presidential Chair in Psychology, University of Minnesota

"Understanding the nature of self--what it is and what it does--has challenged scholars for many centuries. Scientific progress in understanding the nature of self was stifled by the inherent subjectivity and ambiguity that plagued much of the early research on the topic. Fortunately, the last few decades have witnessed major strides in the scientific understanding of self-relevant processes. In this second edition, Leary and Tangney have assembled a stellar group of authors who have made important contributions to understanding the nature of self, from its biological foundations to its developmental and cultural influences. This book will serve as an invaluable resource for students and scholars alike, and it belongs on the shelf of anyone interested in self and identity."--Todd F. Heatherton, PhD, Lincoln Filene Professor in Human Relations, Dartmouth College

"I was tempted to assign nearly every chapter of this volume in my graduate Self and Identity class. Each chapter is cogent, neatly summarizes past work, and provides insights into future directions. The Handbook has been an outstanding text for this course."--Jeffrey Green, PhD, Department of Psychology, Virginia Commonwealth University

"Handbook of Self and Identity is dynamite....Almost every finding relates uncannily to the issues my patients bring to sessions....The editors' care and scrutiny are evident throughout this attractive volume. The book is well-organized, well-indexed, and easy to read."  
(*Psychiatric Services* 2011-12-30)

"Terrific. A handbook should provide a comprehensive and current review of the field it covers, and the Handbook of Self and Identity delivers in each respect. This handbook would make a fine introduction in an advanced undergraduate course (assuming knowledgeable and engaged students), and an even better review of the field for graduate students....The book is also valuable to professionals working in the areas of self and identity."  
(*PsycCRITIQUES* 2011-12-30)

"This is a well-written book by influential authors who are experts in this field....It is an important book for

researchers and clinicians."  
(*Doody's Reviews* 2012-10-01)

"Provides a useful overview for advanced students and researchers interested in the self, and, more important, some needed perspective on the way forward."

(*PsycCRITIQUES* 2012-12-19)

"This is a very useful collection of essays for the researchers and academicians in philosophy, cognitive science and neuroscience as well as in psychology and especially in social and cognitive psychology....A very timely and valuable contribution to the current interdisciplinary discussions of the self, especially given the recent upsurge in theoretical and empirical interest in self-related topics. I recommend this book for anyone who wants to have a broader understanding of the self and how our identities are shaped in a social, historical, psychological and neurological point of view."  
(*Metapsychology Online Reviews* 2013-02-26)

#### About the Author

Mark R. Leary, PhD, is Professor of Psychology and Neuroscience at Duke University. His research focuses on the processes by which people think about and evaluate themselves; the effects of self-reflection on emotion and psychological well-being; and how people are influenced by concerns about how they are perceived and evaluated by others. He is a Fellow of the American Psychological Association, the Association for Psychological Science, and the Society for Personality and Social Psychology, and a recipient of the Lifetime Career Award from the International Society for Self and Identity. Dr. Leary was the founding editor of the journal *Self and Identity* and is currently Editor of *Personality and Social Psychology Review*.

June Price Tangney, PhD, is Professor of Psychology at George Mason University. A Fellow of the Society for Personality and Social Psychology and of the Association for Psychological Science, she is Associate Editor of *American Psychologist*. Dr. Tangney's primary research interest is the development and implications of moral emotions; her current work focuses on moral emotions among incarcerated offenders. A recipient of George Mason University's Teaching Excellence Award, she strives to integrate service, teaching, and clinically relevant research in both the classroom and her lab.

#### Users Review

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##### Veronica Roberts:

A lot of people always spent all their free time to vacation or go to the outside with them family members or their friend. Are you aware? Many a lot of people spent these people free time just watching TV, or even playing video games all day long. In order to try to find a new activity that is look different you can read a new book. It is really fun for you. If you enjoy the book that you simply read you can spent 24 hours a day to reading a reserve. The book Handbook of Self and Identity, Second Edition it is extremely good to read. There are a lot of people who recommended this book. These folks were enjoying reading this book. Should you did not have enough space to develop this book you can buy often the e-book. You can m0ore very easily to read this book through your smart phone. The price is not to cover but this book offers high quality.

**Cari Sexton:**

People live in this new moment of lifestyle always try and must have the extra time or they will get large amount of stress from both daily life and work. So , if we ask do people have extra time, we will say absolutely of course. People is human not really a robot. Then we consult again, what kind of activity do you possess when the spare time coming to an individual of course your answer will unlimited right. Then do you try this one, reading books. It can be your alternative with spending your spare time, the particular book you have read is definitely Handbook of Self and Identity, Second Edition.

**Jack Nguyen:**

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**Thomas Manna:**

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