



It's Not About Time! : Rediscovering Leisure in a Changing World

By Joe Pavelka

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Remember the leisure predictions of the 1960s? By now we were supposed to be living a life of shorter work weeks, secure jobs, virtually no housework and a lot of free time. What happened? Most of us now can't even remember what free time feels like. How did we change from a leisure-focused society to one of the most time-stressed populations in the world? The future of leisure in North America is as rosy or dreary as we want to make it because it hinges on some tough decisions that each of us has to make. *It's Not About Time* challenges us to rethink leisure, but in simple, practical terms that are meaningful in daily life. It enlightens us on the range of everyday factors that impact our ability to experience leisure. Finally, it empowers us to negotiate our own leisure path, both now and in the future.

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Thelma Burke:

Spent a free the perfect time to be fun activity to try and do! A lot of people spent their spare time with their family, or all their friends. Usually they performing activity like watching television, likely to beach, or picnic from the park. They actually doing same thing every week. Do you feel it? Do you want to something different to fill your current free time/ holiday? Can be reading a book can be option to fill your cost-free time/ holiday. The first thing you will ask may be what kinds of publication that you should read. If you want to test look for book, may be the book untitled It's Not About Time! : Rediscovering Leisure in a Changing World can be excellent book to read. May be it may be best activity to you.

Tommie Matthews:

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Cassandra Sanderson:

It's Not About Time! : Rediscovering Leisure in a Changing World can be one of your beginning books that are good idea. All of us recommend that straight away because this reserve has good vocabulary which could increase your knowledge in terminology, easy to understand, bit entertaining however delivering the information. The article writer giving his/her effort that will put every word into pleasure arrangement in

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