



Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection

By Jia Jiang

Download now

Read Online 

Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection By Jia Jiang

Rejection Proof is Jia Jiang's entertaining and inspiring account of conquering his fear of rejection, offering a completely new perspective on how to turn a no into a yes. Jia Jiang came to the United States with the dream of being the next Bill Gates. Despite early success in the corporate world, his first attempt to pursue his entrepreneurial dream ended in rejection. Jia was crushed and spiraled into a period of deep self-doubt. But he realized that his fear of rejection was a bigger obstacle than any single rejection would ever be, and he needed to find a way to cope with being told no without letting it destroy him. Thus was born his "100 days of rejection" experiment, during which he willfully sought rejection on a daily basis--from requesting a lesson in sales from a car salesman (no) to asking a flight attendant if he could make an announcement on the loud speaker (yes) to his famous request to get Krispy Kreme doughnuts in the shape of Olympic rings (yes, with a viral video to prove it). Jia learned that even the most preposterous wish may be granted if you ask in the right way, and here he shares the secret of successful asking, how to pick targets, and how to tell when an initial no can be converted into something positive. But more important, he learned techniques for steeling himself against rejection and ways to develop his own confidence--a plan that can't be derailed by a single setback. Filled with great stories and valuable insight, Rejection Proof is a fun and thoughtful examination of how to overcome fear and dare to live more boldly.

 [Download Rejection Proof: How I Beat Fear and Became Invinc ...pdf](#)

 [Read Online Rejection Proof: How I Beat Fear and Became Invinc ...pdf](#)

Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection

By Jia Jiang

Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection By Jia Jiang

Rejection Proof is Jia Jiang's entertaining and inspiring account of conquering his fear of rejection, offering a completely new perspective on how to turn a no into a yes. Jia Jiang came to the United States with the dream of being the next Bill Gates. Despite early success in the corporate world, his first attempt to pursue his entrepreneurial dream ended in rejection. Jia was crushed and spiraled into a period of deep self-doubt. But he realized that his fear of rejection was a bigger obstacle than any single rejection would ever be, and he needed to find a way to cope with being told no without letting it destroy him. Thus was born his "100 days of rejection" experiment, during which he willfully sought rejection on a daily basis--from requesting a lesson in sales from a car salesman (no) to asking a flight attendant if he could make an announcement on the loud speaker (yes) to his famous request to get Krispy Kreme doughnuts in the shape of Olympic rings (yes, with a viral video to prove it). Jia learned that even the most preposterous wish may be granted if you ask in the right way, and here he shares the secret of successful asking, how to pick targets, and how to tell when an initial no can be converted into something positive. But more important, he learned techniques for steeling himself against rejection and ways to develop his own confidence--a plan that can't be derailed by a single setback. Filled with great stories and valuable insight, Rejection Proof is a fun and thoughtful examination of how to overcome fear and dare to live more boldly.

Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection By Jia Jiang Bibliography

- Published on: 2015-05-19
- Formats: Audiobook, CD
- Original language: English
- Number of items: 6
- Dimensions: 6.10" h x 1.30" w x 6.60" l,
- Running time: 23280 seconds
- Binding: Audio CD



[Download Rejection Proof: How I Beat Fear and Became Invinc ...pdf](#)



[Read Online Rejection Proof: How I Beat Fear and Became Invi ...pdf](#)

Download and Read Free Online Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection By Jia Jiang

Editorial Review

Review

"*Rejection Proof* smashes fear in the face with a one-two punch. You'll laugh out loud at Jia's crazy social experiments, but you'll also go away thinking differently about what you can accomplish." --Chris Guillebeau, author of *The Happiness of Pursuit* and *The \$100 Startup*

"I hope you buy two copies of this book because as soon as you read it, you'll want to give it to someone else who needs a boost of bravery too." --Jon Acuff, author of *Do Over* and *Start*

"*Rejection Proof* is a fun, thoughtful examination of how to overcome our fears and dare to live more boldly. You have no idea what you can achieve until you try!" --Nancy Duarte, author of *Slide:ology*

"A clever and inspiring read that will change the way you approach anything that may seem out of reach. This book made me want to look fear in the eye...and then kick it in the ass." --Alison Levine, author of *On the Edge*

About the Author

Jia Jiang is founder of the popular blog and video series *100 Days of Rejection*. His story has been covered by dozens of news outlets, including *Bloomberg Businessweek*, *Yahoo News*, the *Huffington Post*, *Forbes*, *Inc.com*, *MTV*, *Gawker*, the *Daily Mail*, *Fox News*, and *CBS's The Jeff Probst Show*. A native of Beijing, Jiang came to the United States as a teenager to pursue his dream of becoming an entrepreneur. He holds an MBA from Duke University and a bachelor's degree in computer science from Brigham Young University.

Mike Chamberlain is an actor and voice-over performer in Los Angeles. His voice credits range from radio commercials and television narration to animation and video game characters. Stage trained at Boston College, he has performed works from Shakespeare and the classics to contemporary drama and comedy. His audiobook narration has won four AudioFile Earphones Awards.

Users Review

From reader reviews:

Jaime Leflore:

Book will be written, printed, or created for everything. You can recognize everything you want by a book. Book has a different type. To be sure that book is important factor to bring us around the world. Close to that you can your reading expertise was fluently. A guide Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection will make you to possibly be smarter. You can feel much more confidence if you can know about every thing. But some of you think which open or reading the book make you bored. It isn't make you fun. Why they could be thought like that? Have you looking for best book or appropriate book with you?

Sonya Ewing:

The book Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection will bring that you the new experience of reading a new book. The author style to clarify the idea is very unique. If you try to find new book to learn, this book very suitable to you. The book Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection is much recommended to you to learn. You can also get the e-book from official web site, so you can quicker to read the book.

Gina Keller:

Spent a free time to be fun activity to try and do! A lot of people spent their down time with their family, or their own friends. Usually they accomplishing activity like watching television, gonna beach, or picnic within the park. They actually doing same every week. Do you feel it? Do you wish to something different to fill your current free time/ holiday? Might be reading a book might be option to fill your free time/ holiday. The first thing that you'll ask may be what kinds of book that you should read. If you want to attempt look for book, may be the publication untitled Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection can be very good book to read. May be it could be best activity to you.

Robin Holloway:

A lot of guide has printed but it is unique. You can get it by internet on social media. You can choose the most beneficial book for you, science, witty, novel, or whatever by simply searching from it. It is called of book Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection. You can contribute your knowledge by it. Without departing the printed book, it could possibly add your knowledge and make you happier to read. It is most significant that, you must aware about reserve. It can bring you from one spot to other place.

**Download and Read Online Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection By Jia Jiang
#K7X5JWTUIPR**

Read Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection By Jia Jiang for online ebook

Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection By Jia Jiang Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection By Jia Jiang books to read online.

Online Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection By Jia Jiang ebook PDF download

Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection By Jia Jiang Doc

Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection By Jia Jiang MobiPocket

Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection By Jia Jiang EPub

K7X5JWTUIPR: Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection By Jia Jiang