



Pattern Changing for Abused Women: An Educational Program

By Marilyn L. Shear Goodman, Beth C. (Creager) Fallon

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Designed for facilitators of groups for physically, emotionally and sexually abused women, this volume examines a programme that focuses on the woman herself and her power to change the course of her life. The book is based on the accumulated experience of the authors and their continuing evaluation of groups they have facilitated over the past eight years. Both material for clients and easy-to-follow scripts for group leaders are included.

Educational rather than therapeutic, the programme includes sessions on family roles, boundaries, feelings and assertiveness skills. It is designed to enable abused women to: understand the problem and reality of abuse for the entire family; set realistic goals; become aware of lifelong

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- Sales Rank: #537900 in Books
- Published on: 1994-11-28
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Dimensions: 11.00" h x 1.00" w x 8.50" l, 1.56 pounds
- Binding: Paperback
- 256 pages

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Gabrielle Ponds:

The book untitled Pattern Changing for Abused Women: An Educational Program contain a lot of information on this. The writer explains the girl idea with easy method. The language is very clear and understandable all the people, so do not worry, you can easy to read the item. The book was authored by famous author. The author will take you in the new time of literary works. It is easy to read this book because you can keep reading your smart phone, or device, so you can read the book inside anywhere and anytime. In a situation you wish to purchase the e-book, you can start their official web-site and also order it. Have a nice read.

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