



# **The Psychology of Shame: Theory and Treatment of Shame-Based Syndromes, Second Edition**

*By Gershen Kaufman PhD*

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## **The Psychology of Shame: Theory and Treatment of Shame-Based Syndromes, Second Edition** By Gershen Kaufman PhD

In this classic volume, Kaufman synthesizes object relations theory, interpersonal theory, and, in particular, Silvan Tompkins's affect theory, to provide a powerful and multidimensional view of shame. Using his own clinical experience, he illustrates the application of affect theory to general classes of shame-based syndromes including compulsive; schizoid, depressive, and paranoid; sexual dysfunction; splitting; and sociopathic. This second edition includes two new chapters in which Dr. Kaufman presents shame as a societal dynamic and shows its impact on culture. He examines the role of shame in shaping the evolving identity of racial, ethnic, and religious minorities, and expands his theory of governing scenes. This new edition will continue to be of keen interest to clinical psychiatrists as well as graduate students.

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#### **About the Author**

Gershen Kaufman, PhD, was educated at Columbia University and received his Ph.D. in clinical psychology from the University of Rochester. Professor in the Counseling Center and Psychology Department at Michigan State University, he is the author of *Shame: The Power of Caring* (1992). He is the coauthor, with Lev Raphael, of *Dynamics of Power: Fighting Shame and Building Self-Esteem* (1991) and *Coming Out of Shame* (1996).

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