



# Tools for Teaching Comprehensive Human Sexuality Education: Lessons, Activities, and Teaching Strategies Utilizing the National Sexuality Education Standards

*By Dominick Splendorio, Lori Reichel*

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**Tools for Teaching Comprehensive Human Sexuality Education: Lessons, Activities, and Teaching Strategies Utilizing the National Sexuality Education Standards** By Dominick Splendorio, Lori Reichel

**A hands-on resource filled with interactive activities to engage students' thinking and skill development**

This book contains ready-to-use lesson plans referencing both the National Sexuality Education Standards and the National Health Education Standards, and is arranged into chapters by the seven topic areas outlined in the National Sexuality Education Standards. These include: anatomy and physiology, puberty and adolescent development, identity, pregnancy and reproduction, sexually transmitted infections, healthy relationships, and personal safety.

These dynamic "pick and choose" lessons and activities have been field-tested in classrooms and workshops by the authors, who are recognized experts in this area. Many of the lessons contain an opening activity to immediately engage students, followed by student-centered learning experiences such as case studies, simulations, real-life scenarios, self-assessments, journals, and individual and group projects/presentations.

- Features lessons that incorporate the essential knowledge and skills to empower students to make healthy decisions related to their sexual health
- Includes performance indicators detailed what students should know and be able to do by the end of grades eight and twelve
- Offers supplementary web resources and assessment projects, as well as "Home-School Connection" assignments to support family communication about sexuality

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