



Integral Psychology: Consciousness, Spirit, Psychology, Therapy

By Ken Wilber

[Download now](#)

[Read Online](#) 

Integral Psychology: Consciousness, Spirit, Psychology, Therapy By Ken Wilber

The goal of an "integral psychology" is to honor and embrace every legitimate aspect of human consciousness under one roof. This book presents one of the first truly integrative models of consciousness, psychology, and therapy. Drawing on hundreds of sources—Eastern and Western, ancient and modern—Wilber creates a psychological model that includes waves of development, streams of development, states of consciousness, and the self, and follows the course of each from subconscious to self-conscious to superconscious. Included in the book are charts correlating over a hundred psychological and spiritual schools from around the world, including Kabbalah, Vedanta, Plotinus, Teresa of Ávila, Aurobindo, Theosophy, and modern theorists such as Jean Piaget, Erik Erikson, Jane Loevinger, Lawrence Kohlberg, Carol Gilligan, Erich Neumann, and Jean Gebser. *Integral Psychology* is Wilber's most ambitious psychological system to date and is already being called a landmark study in human development.

 [Download Integral Psychology: Consciousness, Spirit, Psycho ...pdf](#)

 [Read Online Integral Psychology: Consciousness, Spirit, Psyc ...pdf](#)

Integral Psychology: Consciousness, Spirit, Psychology, Therapy

By Ken Wilber

Integral Psychology: Consciousness, Spirit, Psychology, Therapy By Ken Wilber

The goal of an "integral psychology" is to honor and embrace every legitimate aspect of human consciousness under one roof. This book presents one of the first truly integrative models of consciousness, psychology, and therapy. Drawing on hundreds of sources—Eastern and Western, ancient and modern—Wilber creates a psychological model that includes waves of development, streams of development, states of consciousness, and the self, and follows the course of each from subconscious to self-conscious to superconscious. Included in the book are charts correlating over a hundred psychological and spiritual schools from around the world, including Kabbalah, Vedanta, Plotinus, Teresa of Ávila, Aurobindo, Theosophy, and modern theorists such as Jean Piaget, Erik Erikson, Jane Loevinger, Lawrence Kohlberg, Carol Gilligan, Erich Neumann, and Jean Gebser. *Integral Psychology* is Wilber's most ambitious psychological system to date and is already being called a landmark study in human development.

Integral Psychology: Consciousness, Spirit, Psychology, Therapy By Ken Wilber Bibliography

- Sales Rank: #46230 in Books
- Brand: Brand: Shambhala Publications
- Published on: 2000-05-16
- Released on: 2000-05-16
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Dimensions: 8.97" h x .85" w x 5.99" l, .94 pounds
- Binding: Paperback
- 303 pages

 [Download Integral Psychology: Consciousness, Spirit, Psycho ...pdf](#)

 [Read Online Integral Psychology: Consciousness, Spirit, Psyc ...pdf](#)

Download and Read Free Online Integral Psychology: Consciousness, Spirit, Psychology, Therapy By Ken Wilber

Editorial Review

From Publishers Weekly

In this dense text, philosopher Wilber (*The Eye of the Spirit*) aims to reconstruct a place for spiritual consciousness in Western developmental psychology. Describing prevailing psychological theories as inhabiting a "flatland" where only "the world of matter and energy, empirically investigated by human senses and their tools is real," Wilber surveys their history. He looks both at the early modern era, when scientific materialists banished the philosophical investigation of an individual's interior life from science, and at the work of 200 ancient, medieval and modern philosophers, for whom spiritual concerns were paramount. They all helped shape the history of modern developmental psychology, he argues. Wilber aims to produce a two-volume textbook from his research; this effort is a condensed outline of the ideas he plans to detail. But even this shorter text contains 20 pages of charts, 68 pages of endnotes and a lengthy explanation of his four-quadrant model (designed to integrate consciousness, spirit and therapy with the psychological development of the individual in relationship to the material world)--all of which makes for some hefty reading.

Additionally, because he's writing for a scholarly audience, Wilber employs terminology that may be challenging for the lay reader, although he does manage, occasionally, to clarify complex themes with simple analogies. Mixing scientific inquiry with spiritual concerns, this book should speak most clearly to those looking for a basis in Western science to validate their spiritual quest. Illustrations. (Apr.)

Copyright 2000 Cahners Business Information, Inc.

Review

"Wilber's unprecedeted work offers diamond-like clarity, brilliance, and many-faceted reflection, and his writing speaks with an unencumbered authority."—*NAPRA Review*

"One of the most important thinkers of our age, and certainly the leading authority in the field of transpersonal psychology . . . The scope of his scholarship and of his understanding of the psychological development of the individual from early body awareness to the higher (and ultimately non-dual) experiential levels is quite simply breathtaking."—*The Middle Way*

"The first truly comprehensive map of the human mind."—Larry Dossey, author of *Be Careful What You Pray For . . . You Just Might Get It*

"Ken Wilber is a national treasure. No one is working at the integration of Eastern and Western wisdom literature with such depth or breadth of mind and heart as he."—Robert Kegan, Professor of Education, Harvard University Graduate School of Education, and author of *In Over Our Heads*

"In ages to come, historians may well view Wilber's work as the pivotal insight that legitimized the return of consciousness and spirit to our age. For this exciting page-turner, psychology owes him a millennial

debt."—T. George Harris, founding editor, *Psychology Today* and *American Health*

"In a single publication Wilber strides over the entire history of psychology to create new and comprehensive strategies for human survival in the next millennium."—Don Beck, coauthor of *Spiral Dynamics*

"*Integral Psychology* is so all-encompassing, lucid, and well written that Ken Wilber deserves the recognition of having single-mindedly brought conceptual order to psychology of the East and West."—Susanne Cook-Greuter, coeditor of *Transcendence and Mature Thought in Adulthood*

From the Inside Flap

The goal of an "integral psychology" is to honor and embrace every legitimate aspect of human consciousness under one roof. This book presents one of the first truly integrative models of consciousness, psychology, and therapy. Drawing on hundreds of sources—Eastern and Western, ancient and modern—Wilber creates a psychological model that includes waves of development, streams of development, states of consciousness, and the self, and follows the course of each from subconscious to self-conscious to superconscious. Included in the book are charts correlating over a hundred psychological and spiritual schools from around the world, including Kabbalah, Vedanta, Plotinus, Teresa of Avila, Aurobindo, Theosophy, and modern theorists such as Jean Piaget, Erik Erikson, Jane Loevinger, Lawrence Kohlberg, Carol Gilligan, Erich Neumann, and Jean Gebser. *Integral Psychology* is Wilber's most ambitious psychological system to date, and it is already being called a landmark study in human development.

Users Review

From reader reviews:

Eddie Nelson:

Inside other case, little individuals like to read book *Integral Psychology: Consciousness, Spirit, Psychology, Therapy*. You can choose the best book if you'd prefer reading a book. Providing we know about how is important the book *Integral Psychology: Consciousness, Spirit, Psychology, Therapy*. You can add expertise and of course you can around the world by way of a book. Absolutely right, since from book you can learn everything! From your country until foreign or abroad you may be known. About simple thing until wonderful thing you could know that. In this era, we can open a book or perhaps searching by internet gadget. It is called e-book. You can use it when you feel bored to go to the library. Let's learn.

Cynthia Johnson:

Hey guys, do you desires to finds a new book to see? May be the book with the concept *Integral Psychology: Consciousness, Spirit, Psychology, Therapy* suitable to you? The book was written by popular writer in this era. The book untitled *Integral Psychology: Consciousness, Spirit, Psychology, Therapy* is a single of several books this everyone read now. This particular book was inspired a lot of people in the world. When you read this reserve you will enter the new dimensions that you ever know prior to. The author explained their thought in the simple way, consequently all of people can easily to know the core of this e-book. This book will give you a great deal of information about this world now. In order to see the represented of the world on this book.

Robert Russell:

Beside that Integral Psychology: Consciousness, Spirit, Psychology, Therapy in your phone, it might give you a way to get more close to the new knowledge or details. The information and the knowledge you might got here is fresh from your oven so don't possibly be worry if you feel like an outdated people live in narrow town. It is good thing to have Integral Psychology: Consciousness, Spirit, Psychology, Therapy because this book offers for your requirements readable information. Do you at times have book but you do not get what it's interesting features of. Oh come on, that will not happen if you have this within your hand. The Enjoyable set up here cannot be questionable, similar to treasuring beautiful island. So do you still want to miss this? Find this book as well as read it from today!

Elsie Hawkins:

You will get this Integral Psychology: Consciousness, Spirit, Psychology, Therapy by check out the bookstore or Mall. Just simply viewing or reviewing it may to be your solve problem if you get difficulties to your knowledge. Kinds of this e-book are various. Not only by simply written or printed but additionally can you enjoy this book simply by e-book. In the modern era just like now, you just looking by your local mobile phone and searching what their problem. Right now, choose your personal ways to get more information about your e-book. It is most important to arrange yourself to make your knowledge are still up-date. Let's try to choose correct ways for you.

Download and Read Online Integral Psychology: Consciousness, Spirit, Psychology, Therapy By Ken Wilber #XAEBN69Y102

Read Integral Psychology: Consciousness, Spirit, Psychology, Therapy By Ken Wilber for online ebook

Integral Psychology: Consciousness, Spirit, Psychology, Therapy By Ken Wilber Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Integral Psychology: Consciousness, Spirit, Psychology, Therapy By Ken Wilber books to read online.

Online Integral Psychology: Consciousness, Spirit, Psychology, Therapy By Ken Wilber ebook PDF download

Integral Psychology: Consciousness, Spirit, Psychology, Therapy By Ken Wilber Doc

Integral Psychology: Consciousness, Spirit, Psychology, Therapy By Ken Wilber Mobipocket

Integral Psychology: Consciousness, Spirit, Psychology, Therapy By Ken Wilber EPub

XAEBN69Y102: Integral Psychology: Consciousness, Spirit, Psychology, Therapy By Ken Wilber