



## Made in Reality

By Stephanie Pratt

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**Made in Reality** By Stephanie Pratt

**The *Sunday Times* bestseller.**

Stephanie Pratt is the consummate reality star.

Since 2007, her life has been lived almost as much on the small screen as off it, and constantly analysed in gossip columns. In *Made in Reality*, Stephanie gives an exclusive insight into the trials and tribulations of life on reality TV, taking us behind the scenes of *The Hills*, *Made in Chelsea* and even the *Big Brother* House.

In her tell- all autobiography, nothing is off-limits, from the drama of her relationship with Spencer Matthews to her issues with her brother Spencer Pratt. For the first time, she shares her struggles with drug addiction, eating disorders, and the pressures of fame in the internet age.

Inspiring, fascinating, and insightful throughout, this is an honest account of the truth behind reality.

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### Editorial Review

#### About the Author

Stephanie Pratt was born in LA in 1986. Her rise to fame catapulted Stephanie in to the public eye, showing a perfect, privileged life. However, in reality she was struggling with substance abuse and body issues. When her brother, Spencer, creator of hit reality TV show *The Hills*, asked her to join the cast, Stephanie instantly became a global celebrity. Now living in London and starring in *Made in Chelsea*, Stephanie is finally settled and ready to reveal the truth about her life and what it means to be a reality TV star.

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