



Taking Charge of ADHD, Third Edition: The Complete, Authoritative Guide for Parents

By Russell A. Barkley

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Taking Charge of ADHD, Third Edition: The Complete, Authoritative Guide for Parents By Russell A. Barkley

From distinguished researcher/clinician Russell A. Barkley, this treasured parent resource gives you the science-based information you need about attention-deficit/hyperactivity disorder (ADHD) and its treatment. It also presents a proven eight-step behavior management plan specifically designed for 6- to 18-year-olds with ADHD. Offering encouragement, guidance, and loads of practical tips, Dr. Barkley helps you:

- *Make sense of your child's symptoms.
- *Get an accurate diagnosis.
- *Work with school and health care professionals to get needed support.
- *Learn parenting techniques that promote better behavior.
- *Strengthen your child's academic and social skills.
- *Use rewards and incentives effectively.
- *Restore harmony at home.

Updated throughout with current research and resources, the third edition includes the latest facts about medications and about what causes (and doesn't cause) ADHD.

See also Dr. Barkley's bestselling *Taking Charge of Adult ADHD*.

Association for Behavioral and Cognitive Therapies (ABCT) Self-Help Book of Merit

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Editorial Review

Review

"Dr. Barkley is a foremost researcher who has devoted his career to teaching and helping those with ADHD. This book brings together in one place everything that parents need to cope with daily challenges and make important decisions about their child's care. Dr. Barkley's knowledge, brilliance, and dedication shine through on every page like a beacon of hope."--Edward M. Hallowell, MD, coauthor of *Driven to Distraction*

"An invaluable, comprehensive resource. The book arms you with the most current scientific facts, including a clear explanation of executive functions and their role in ADHD. Dr. Barkley has a gift for providing practical, easy-to-understand guidance that empowers you to become an effective advocate for your child."--Chris A. Zeigler Dendy, MS, parent and author of *Teaching Teens with ADD, ADHD & Executive Function Deficits*

"Dr. Barkley helps parents make order out of chaos and problem-solve more effectively. That's what I love about this book! *Taking Charge* treats parents respectfully and intelligently. You'll go back repeatedly--maybe even every day--to the sections on becoming an executive parent and managing life with ADHD."--Mary Fowler, parent and author of *Maybe You Know My Kid*

"This book features pioneering research that provides new insight into preventing ADHD from becoming a major obstacle in a child's (and parent's) life....Parents will appreciate having this book on hand, and teachers will want a copy to show parents who are ready for a resource."

(Intervention in School and Clinic 2013-05-17)

"If any professional knows about ADHD, it is Russell Barkley.... All in all, this is a splendid book."
(Child and Family Behavior Therapy 2013-05-17)

"An excellent and readable book that will empower parents of children with ADHD."
(NAMI Advocate (National Alliance on Mental Illness) 2013-05-17)

"This is not just another book. This is a great book....Although aimed at parents, it has something for everyone involved with ADHD kids: teachers, psychologists, doctors, and family. I am not going to lend this book to parents (although I will show it to them) because they need to buy it so they have it on hand to read and reread."

(Pediatric News 2013-05-17)

"This book is unique in its up-to-date and clear presentation of the scientific underpinnings of the disorder and the pragmatic, empirically based approach to intervention that it encourages. It is also very well organized and readable; it is probably the best available resource of this type."
(Doody's Health Sciences Book Review 2013-05-17)

"I certainly plan to recommend this book to parents...It empowers parents to take charge of the life of their child with ADHD rather than feel constantly distressed and overwhelmed by the special needs of these

unique children."

(Canadian Medical Association Journal 2013-05-17)

"I am always looking for the best book, the right book or the latest book. Let me tell you about one: Russell A. Barkley, PhD's, *Taking Charge of ADHD*."

(Psychiatric Times 2013-05-17)

"An excellent resource for parents, clinicians, and teachers."

(Child Psychology and Psychiatry Review 2013-05-17)

About the Author

Russell A. Barkley, PhD, a leading scientific authority on ADHD, is Clinical Professor of Psychiatry and Pediatrics at the Medical University of South Carolina in Charleston. He is a recipient of awards from the American Academy of Pediatrics and the American Psychological Association, among other honors. The author of numerous bestselling books for professionals and the public, including *Taking Charge of Adult ADHD*, Dr. Barkley lectures worldwide and makes frequent media appearances. He has worked with children and families for over 35 years, during which time he and his wife have raised two sons of their own. His website is www.russellbarkley.org.

Users Review

From reader reviews:

Daniel Engle:

This *Taking Charge of ADHD, Third Edition: The Complete, Authoritative Guide for Parents* book is not ordinary book, you have after that it the world is in your hands. The benefit you obtain by reading this book is definitely information inside this book incredible fresh, you will get details which is getting deeper you actually read a lot of information you will get. This specific *Taking Charge of ADHD, Third Edition: The Complete, Authoritative Guide for Parents* without we recognize teach the one who reading it become critical in contemplating and analyzing. Don't become worry *Taking Charge of ADHD, Third Edition: The Complete, Authoritative Guide for Parents* can bring when you are and not make your case space or bookshelves' turn into full because you can have it inside your lovely laptop even phone. This *Taking Charge of ADHD, Third Edition: The Complete, Authoritative Guide for Parents* having great arrangement in word and layout, so you will not feel uninterested in reading.

Reta Zimmer:

Typically the book *Taking Charge of ADHD, Third Edition: The Complete, Authoritative Guide for Parents* will bring you to the new experience of reading the book. The author style to describe the idea is very unique. In case you try to find new book to study, this book very acceptable to you. The book *Taking Charge of ADHD, Third Edition: The Complete, Authoritative Guide for Parents* is much recommended to you to learn. You can also get the e-book from the official web site, so you can easier to read the book.

Douglas Johnson:

Reading a guide tends to be new life style in this era globalization. With studying you can get a lot of information that will give you benefit in your life. Together with book everyone in this world may share their idea. Books can also inspire a lot of people. Many author can inspire all their reader with their story as well as their experience. Not only the storyplot that share in the ebooks. But also they write about the ability about something that you need case in point. How to get the good score toefl, or how to teach your children, there are many kinds of book which exist now. The authors on earth always try to improve their proficiency in writing, they also doing some investigation before they write to the book. One of them is this *Taking Charge of ADHD, Third Edition: The Complete, Authoritative Guide for Parents*.

Craig Rushing:

Reading a book to get new life style in this season; every people loves to learn a book. When you study a book you can get a wide range of benefit. When you read publications, you can improve your knowledge, because book has a lot of information in it. The information that you will get depend on what sorts of book that you have read. If you want to get information about your review, you can read education books, but if you want to entertain yourself you can read a fiction books, this sort of us novel, comics, as well as soon. The *Taking Charge of ADHD, Third Edition: The Complete, Authoritative Guide for Parents* provide you with a new experience in reading a book.

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