



# Assessments in Occupational Therapy Mental Health: An Integrative Approach

By Barbara J. Hemphill MS OTR FAOTA Din

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Barbara Hemphill-Pearson's *Assessments in Occupational Therapy Mental Health* has been updated and expanded into a much anticipated *Second Edition*. This text is a unique compilation of mental health assessments that are used in practice and taught in occupational therapy clinics and academic programs. With 30 contributors from a wide range of specialty areas in occupational therapy, this text is significantly revised with 23 chapters divided into 9 sections. The revisions elucidate the authors' perspectives so that they can be incorporated into mental health practices.

*Assessments in Occupational Therapy Mental Health, Second Edition* proposes an exciting integrated approach to assessing multiple systems. The chapters in this text also present a thorough process for approaching client evaluation. In addition, the reasoning process is explored in a way that is helpful to occupational therapy students and practitioners at all levels.

### Topic Included in the Second Edition:

- Integrative approach in assessment
- Interviewing process
- Psychological assessment
- Learning assessment
- Behavioral assessment
- Biological and spiritual assessment
- Computerized assessment

### New to the Second Edition:

- Projective media assessments
- Spirituality concerns
- Assessments in wellness and pediatrics
- Evidence based research

While introducing new assessments and offering updated information, this *Second Edition* supports an occupational therapist's development of evaluation

responsibilities. Also, incorporated throughout the text is the Occupational Therapy Practice Framework.

**Each Chapter Includes:**

- A theoretical base on the assessment including historical development, rationale for development, behaviors assessed, appropriate patient use, review of literature, and assessment administration
- How the instrument is administered, which will include the procedures, problems with administering, and materials needed
- The presentation of a case study and interpretation of results
- Statistical analysis and recent studies
- Suggestions for further research to continue the development and refinement of assessments in mental health occupational therapy

Overall, *Assessments in Occupational Therapy Mental Health* provides information that can be used to scrutinize evaluation procedures and practices while providing a sound foundation for a holistic, integrated approach to client assessment.

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## **Editorial Review**

### **Review**

"Assessments in Occupational Therapy Mental Health skillfully dissects and examines a plethora of assessment tools pertinent to occupational therapy mental health interventions. The text is crafted in an artfully intellectual manner by a bevy of distinguished contributors with expertise in the realm of occupational therapy. A large amount of information regarding assessment tools flows copiously through the text's pages and is a richly rewarding intellectual boon to clinicians, academics, researchers, and students engaged in occupational therapy. The various appendices add flesh to the bones of numerous assessment tools and contribute materially to the text's highly instructive value. A goodly number of well-designed tables and some figures further advance the text's didactic worth. Important strengths of the book are the identification of sizable gaps in knowledge in research of assessment tools for occupational therapy intervention and the numerous thoughtful suggestions relevant to filling existing research fissures. Occupational therapists, as well as mental health practitioners, rehabilitation specialists, and family physicians are among those who will quite likely be held in thrall by this excellent contribution to the occupational therapy literature."

— Leo Uzych, JD, MPH, *Wallingford, PA, Activities, Adaptation & Aging*

"Given the increasing need for therapists to ground their practice in evidence-based evaluation and intervention, this is a much needed and valuable resource. Information throughout the book is presented in a consistent manner, meeting the objectives. The case examples are especially helpful. Another helpful feature is the inclusion of visual samples of many of the assessments. This is a valuable resource for mental health practitioners. It provides an excellent collection of assessments that can be used in a variety of settings and with a variety of ages. Because there are limited books related to evaluation and assessment in mental health occupational therapy, Dr. Hemphill's revision, with updated information on existing assessments and an introduction to new and developing assessments, is greatly appreciated."

— Linda M. Olson, *Rush University Medical Center, Doody Enterprises, Inc.*

"Case examples and references to actual assessment tools make each chapter applicable to and useful for practice. This edition is an important resource for occupational therapists working in the mental health care setting."

— Raphael Lencucha, *Canadian Journal of Occupational Therapy*

### **About the Author**

Dr. Hemphill received her B.S. in occupational therapy from the University of Iowa. She received her M.S. degree in occupational therapy from Colorado State University. During her tenure as a therapist at Ft. Logan Mental Health Center, she was fortunate to work with Dr. Maxwell Jones, the founder of the Therapeutic Community Concept in mental health. She began her teaching career at Cleveland State University. She

stayed there until she became associate professor and tenured in the department of occupational therapy at Western Michigan University. She retired emeritus after 19 years. In addition to her degrees, she has an earned Doctor of Ministry degree from the Ecumenical Theological Seminary in Detroit.

Dr. Hemphill has served on the editorial boards of the Occupational Therapy Practice journal and the American Journal of Occupational Therapy and presently serves on the editorial board of the Occupational Therapy in Mental Health journal. She has given numerous international, national, and state peer-reviewed papers. Her papers include two at the World Federation for Occupational Therapy; one entitled "Holism in Occupational Therapy Mental Health" and the second entitled "Occupational Therapy and Spirituality: A Global Perspective." She has given numerous papers at the national occupational therapy conferences. Among them are: "Methods in Spirituality: An Educational Experience," "Spirituality in the Treatment Setting," and "Spirituality in the Health Care Setting."

Her publication record has spanned over 25 years. Her most proud accomplishment is edited books on the topic of mental health assessment. Among them are the Evaluative Process in Psychiatric Occupational Therapy, which was translated into Japanese; Mental Health Assessment in Occupational Therapy; and Assessments in Occupational Therapy Mental Health. She has published in the American Journal of Occupational Therapy, Occupational Therapy in Health Care, Occupational Therapy Practice, and Occupational Therapy in Mental Health. The topics range from marketing, to depression, to deinstitutionalization. She was recognized for her contributions to education, research, and publications, and her awards include a Fellow of the American Occupational Therapy Association and Fellow of the Michigan Occupational Therapy Association.

Dr. Hemphill continues to contribute to her profession after retirement. She has taught courses in spirituality to occupational therapy students on-line and in the classroom. Her ministry is in the community. She has taught spirituality courses to senior centers and retirement homes. She also taught a series of courses about C.S. Lewis, and a PBS course entitled "A Question of God," a debate between Freud and C.S. Lewis.

## **Users Review**

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