



The Project Management Coaching Workbook

By Susanne Madsen

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Starting with an insightful self-assessment, *The Project Management Coaching Workbook: Six Steps to Unleashing Your Potential* offers tools, questions, reviews, guiding practices, and exercises that will help you build your roadmap to project management and leadership success.

Based on her experience as a coach and mentor, Susanne Madsen offers a proven six-step method designed to help you understand and articulate what you want to achieve—and then assist you in achieving those goals.

This workbook will help project managers at any level overcome some of the most common challenges they face by:

- Effectively managing a demanding workload
- Leading and motivating a team
- Building effective relationships with senior stakeholders
- Managing risks, issues, and changes to scope
- Delegating effectively

Strengthening these fundamental competencies will enable you to generate real results and excel as a project manager.

Whether used as a personal guide or in a workshop or group setting, *The Project Management Coaching Workbook* outlines a sound, proven plan to help you build confidence and achieve your project management goals.

Contents Introduction • Step 1: What Do You Want to Achieve? Create Your Vision and Mission Statement • Step 2: Self-Assessment: Create a Benchmark of Your Current Skill Set • Step 3: 360° Feedback: Seek Feedback from Managers, Peers, and Customers • Step 4: Action: Create an Action Plan and Move Forward • Step 5: Guiding Practices: Learn More About Project Management and Leadership Techniques • Step 6: Progress Review: Examine Your Progress and Determine Next Steps

About the Author

Susanne Madsen is a program and project manager, mentor, and coach with experience in managing and rolling out major change programs. She has set up and run several coaching and mentoring programs to improve project management performance. A PRINCE2 and MSP practitioner, Susanne is dedicated to helping organizations deliver better projects through coaching and mentoring project managers in how to improve their capabilities, performance, and well-being.

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Editorial Review

Review

"If I were to choose ONLY two books to get my job done or do a better job as a PM then the two books I'd hold onto would be the PMBOK and Susanne's Project Management Coaching Workbook. If PMBOK is the theoretical framework, then Susanne's book is the Real World Application.. this is where the rubber hits the road. This is by far the most well written book I have read not only on the subject of Project Management but also from a Get Things Done perspective. The way she explains and assists with the GTD approach is incredible." --Atif Hassan, Toronto, Canada

"This is the best PM book I have found to break down all the Process Groups in the PM Lifecycle into manageable steps. I was able to put this book to use immediately in my role as an IT Project Manager in Managed Services. Susanne stays away from the formal methodology terms but adheres 100% to the PMBOK. She makes it real world and actionable. Great book!! --Gayle Roberts, PMP

"Clear, practical and valuable. We all need to raise our game in this challenging project management world and Susanne's book will no doubt help you work smarter rather than harder." --Peter Taylor, author of The Lazy Project Manager and The Lazy Winner

From the Back Cover

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James Peters:

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Kimberley Bailey:

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