



At the Bench: A Laboratory Navigator, Updated Edition

By Kathy Barker

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At the Bench is the unique and hugely successful handbook for living and working in the laboratory, an essential aid to understanding basic lab techniques and how research groups work at a human level. In this newly revised edition, chapters have been rewritten to accommodate the impact of computer technology and the Internet, not only on the acquisition and analysis of data, but also on its organization and presentation. Alternatives to the use of radiation have been expanded, and figures and illustrations have been redrawn to reflect changes in laboratory equipment and procedures.

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Editorial Review

Review

Barker has wisely identified many aspects of laboratory work not usually covered by "conventional" manuals, making her book one of the rarest sources for vital information required for any successful scientist. Overall, the volume is superbly written, and reading is made pleasurable by multiple hilarious remarks from the author. It is highly recommended for anyone working in research -- from undergraduate students to primary investigators, either in academy or industry. In my opinion, this is a "must have" volume for any laboratory.

- The Quarterly Review of Biology

About the Author

Kathy Barker received her B.A. in Biology and English, and her M.A. and Ph.D. in Microbiology, from various branches of the University of Massachusetts. She did her postdoctoral work in the laboratory of Viral Oncology at Rockefeller University and was an Assistant Professor in the Laboratory of Cell Physiology and Immunology at Rockefeller University. She is now based in Seattle, where she writes and gives workshops on various aspects of running a lab.

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