



Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life

By Philip Wylie

[Download now](#)

[Read Online](#) 

Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life By Philip Wylie

As awareness and understanding of Asperger Syndrome and Autism Spectrum Disorder increases, more adults are identifying themselves as being on the spectrum and seeking formal diagnosis. This book discusses the process, the pros and cons, and the after-effects of receiving an autism diagnosis in adulthood.

Outlining the likely stages of the journey to diagnosis, this book looks at what the individual may go through as they become aware of their Asperger characteristics and as they seek pre-assessment and diagnosis, as well as common reactions upon receiving a diagnosis - from depression and anger to relief and self-acceptance. Combining practical guidance with advice from personal experience and interviews and correspondence with specialists in the field, the book discusses if and when to disclose to family, friends and employers, how to seek appropriate support services, and how to use the self-knowledge gained through diagnosis to live well in the future.

 [Download Very Late Diagnosis of Asperger Syndrome \(Autism S ...pdf](#)

 [Read Online Very Late Diagnosis of Asperger Syndrome \(Autism ...pdf](#)

Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life

By Philip Wylie

Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life By Philip Wylie

As awareness and understanding of Asperger Syndrome and Autism Spectrum Disorder increases, more adults are identifying themselves as being on the spectrum and seeking formal diagnosis. This book discusses the process, the pros and cons, and the after-effects of receiving an autism diagnosis in adulthood.

Outlining the likely stages of the journey to diagnosis, this book looks at what the individual may go through as they become aware of their Asperger characteristics and as they seek pre-assessment and diagnosis, as well as common reactions upon receiving a diagnosis - from depression and anger to relief and self-acceptance. Combining practical guidance with advice from personal experience and interviews and correspondence with specialists in the field, the book discusses if and when to disclose to family, friends and employers, how to seek appropriate support services, and how to use the self-knowledge gained through diagnosis to live well in the future.

Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life By Philip Wylie Bibliography

- Sales Rank: #75867 in eBooks
- Published on: 2014-08-21
- Released on: 2014-08-21
- Format: Kindle eBook



[Download Very Late Diagnosis of Asperger Syndrome \(Autism S ...pdf](#)



[Read Online Very Late Diagnosis of Asperger Syndrome \(Autism ...pdf](#)

Download and Read Free Online Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life By Philip Wylie

Editorial Review

Review

There is an increasing number of adults who have a diagnosis of Asperger's syndrome in their mature years. This new book will help explain past experiences, provide self-understanding and give guidance as to the future. People who have recently achieved a diagnosis, family members and clinicians will find the descriptions and advice invaluable. -- Tony Attwood, PhD, Clinical Psychologist, Minds & Hearts Clinic, Australia, and author of *The Complete Guide to Asperger's Syndrome* A timely accurate resource for discovering if you fit the bill for autism. How I wish this treasure of a resource had been available during my own journey! This important guide for adults cuts to the chase. It potentially opens all the right doors. -- Wenn Lawson, psychologist, counsellor, social worker, autism advocate and author Philip Wylie has captured the true essence of living with Asperger's Syndrome. Many people spend the majority of their lives wondering why they are different and never fit in. Broken relationships, loss of jobs, and being preyed upon by those that see our vulnerability and lack of assertiveness are all part of the process. In turn, we develop low self-esteem and suffer many consequences. Getting diagnosed can help turn these negatives into positives. No matter how late in life you discover that you have Asperger's, there is still room for repair. Wylie points out that receiving a diagnosis can have either positive or negative effects, and what to be prepared for in either case. Self-acceptance is the key. You are then free to embark upon a new life. Within these pages is advice for what happens next after receiving your diagnosis. Wylie helps guide you through the process, to come out seeing the light at the end of the tunnel. That light will help guide you to a better life after learning you are on the Autism Spectrum! -- Anita Lesko, Founder and Executive Director of the Flying High with Autism Foundation, author of *Been There. Done That. Try This!* and *Asperger's Syndrome: When Life Hands You Lemons, Make Lemonade* The many adults I have met who have had late diagnoses of Asperger's Syndrome are all invariably looking to meet with 'like minds', to 'compare notes' and to make sense of where they are at. The great frustration for me is that short of making personal introductions I have been unable to provide a resource such as Philip's book for them to read and consider. It is my view that his book will be an invaluable resource for those seeking such insight. Whilst the book understandably is written from Philip's point of view and is based upon his own personal experiences it is so much more than a personal story. What Philip has successfully done is to draw out the lessons and learnings from his own life to create a 'manual' not just for those adults who have had a late diagnosis, but for their partners, friends and colleagues. The book highlights how people with autism experience the world differently - and it is this different perspective that needs to be understood and celebrated rather than being ignored at best or ridiculed at worst. I would thoroughly recommend this book to all of those people who have received a late diagnosis of Asperger's Syndrome. -- Mark Lever, Chief Executive, National Autistic Society The author gives a detailed breakdown and explanation of the many different feelings you are likely to have at various times, such as the frustrations of being undiagnosed, the turmoil of discovering that a diagnosis might be the explanation for your problems with life, and the anger or relief which may come when your "disability" is confirmed... If you want a book that's aimed at the majority of AU readers, or if you're looking for an explanation of how you are feeling, how you have feel, and how you might feel in future, then this could be a very useful book. -- the Goth Asperger United

Review

There is an increasing number of adults who have a diagnosis of Asperger's syndrome in their mature years. This new book will help explain past experiences, provide self-understanding and give guidance as to the future. People who have recently achieved a diagnosis, family members and clinicians will find the descriptions and advice invaluable. (Tony Attwood, PhD, Clinical Psychologist, Minds & Hearts Clinic,

Australia, and author of *The Complete Guide to Asperger's Syndrome*)

A timely accurate resource for discovering if you fit the bill for autism. How I wish this treasure of a resource had been available during my own journey! This important guide for adults cuts to the chase. It potentially opens all the right doors. (Wenn Lawson, psychologist, counsellor, social worker, autism advocate and author)

Philip Wylie has captured the true essence of living with Asperger's Syndrome. Many people spend the majority of their lives wondering why they are different and never fit in. Broken relationships, loss of jobs, and being preyed upon by those that see our vulnerability and lack of assertiveness are all part of the process. In turn, we develop low self-esteem and suffer many consequences. Getting diagnosed can help turn these negatives into positives. No matter how late in life you discover that you have Asperger's, there is still room for repair. Wylie points out that receiving a diagnosis can have either positive or negative effects, and what to be prepared for in either case. Self-acceptance is the key. You are then free to embark upon a new life. Within these pages is advice for what happens next after receiving your diagnosis. Wylie helps guide you through the process, to come out seeing the light at the end of the tunnel. That light will help guide you to a better life after learning you are on the Autism Spectrum! (Anita Lesko, Founder and Executive Director of the Flying High with Autism Foundation, author of *Been There. Done That. Try This!* and *Asperger's Syndrome: When Life Hands You Lemons, Make Lemonade*)

The many adults I have met who have had late diagnoses of Asperger's Syndrome are all invariably looking to meet with 'like minds', to 'compare notes' and to make sense of where they are at. The great frustration for me is that short of making personal introductions I have been unable to provide a resource such as Philip's book for them to read and consider. It is my view that his book will be an invaluable resource for those seeking such insight. Whilst the book understandably is written from Philip's point of view and is based upon his own personal experiences it is so much more than a personal story. What Philip has successfully done is to draw out the lessons and learnings from his own life to create a 'manual' not just for those adults who have had a late diagnosis, but for their partners, friends and colleagues. The book highlights how people with autism experience the world differently - and it is this different perspective that needs to be understood and celebrated rather than being ignored at best or ridiculed at worst. I would thoroughly recommend this book to all of those people who have received a late diagnosis of Asperger's Syndrome. (Mark Lever, Chief Executive, National Autistic Society)

The author gives a detailed breakdown and explanation of the many different feelings you are likely to have at various times, such as the frustrations of being undiagnosed, the turmoil of discovering that a diagnosis might be the explanation for your problems with life, and the anger or relief which may come when your "disability" is confirmed... If you want a book that's aimed at the majority of AU readers, or if you're looking for an explanation of how you are feeling, how you have feel, and how you might feel in future, then this could be a very useful book. (the *Goth Asperger United*)

About the Author

Philip Wylie sought a diagnosis of Asperger Syndrome at the age of 51 after reading an article about autism in an accountancy magazine and having a "Eureka" moment! He previously worked as Finance Director and Company Secretary of a British offshore bank, before relocating to Thailand where he began personal study of psychology and complementary healing practices on his path to self-realisation. Before and since receiving his diagnosis he has researched autism extensively and undertaken a survey into late diagnosis with the Shropshire Autonomy network and writing projects for the NAS, UK.

Users Review

From reader reviews:

Holly Silva:

Do you have favorite book? If you have, what is your favorite's book? Guide is very important thing for us to understand everything in the world. Each book has different aim or maybe goal; it means that book has different type. Some people sense enjoy to spend their time and energy to read a book. They are reading whatever they take because their hobby will be reading a book. Consider the person who don't like looking at a book? Sometime, person feel need book once they found difficult problem as well as exercise. Well, probably you'll have this Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life.

Steven Whitney:

Throughout other case, little folks like to read book Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life. You can choose the best book if you love reading a book. Given that we know about how is important the book Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life. You can add information and of course you can around the world by a book. Absolutely right, because from book you can recognize everything! From your country until foreign or abroad you can be known. About simple issue until wonderful thing you can know that. In this era, we can open a book or searching by internet gadget. It is called e-book. You should use it when you feel fed up to go to the library. Let's read.

Jacqueline Gore:

This Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life book is not ordinary book, you have after that it the world is in your hands. The benefit you obtain by reading this book will be information inside this book incredible fresh, you will get facts which is getting deeper you read a lot of information you will get. This Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life without we understand teach the one who looking at it become critical in pondering and analyzing. Don't always be worry Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life can bring if you are and not make your case space or bookshelves' turn out to be full because you can have it inside your lovely laptop even phone. This Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life having excellent arrangement in word along with layout, so you will not sense uninterested in reading.

Judy Brown:

Playing with family within a park, coming to see the coastal world or hanging out with buddies is thing that usually you have done when you have spare time, and then why you don't try matter that really opposite from

that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition associated with. Even you love Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life, you could enjoy both. It is very good combination right, you still would like to miss it? What kind of hang type is it? Oh can occur its mind hangout fellas. What? Still don't obtain it, oh come on its referred to as reading friends.

Download and Read Online Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life By Philip Wylie #O56D2N98QIF

Read Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life By Philip Wylie for online ebook

Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life By Philip Wylie Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life By Philip Wylie books to read online.

Online Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life By Philip Wylie ebook PDF download

Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life By Philip Wylie Doc

Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life By Philip Wylie MobiPocket

Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life By Philip Wylie EPub

056D2N98QIF: Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life By Philip Wylie