



Substance Abuse Counseling

By Judith A. Lewis, Robert Q. Dana, Gregory A. Blevins

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SUBSTANCE ABUSE COUNSELING, Fifth Edition, provides a sound, practical overview of substance abuse counseling. The book is at the cutting edge of the addiction field, combining a focus on the most current empirical studies with a firm belief that clients must be treated with a collaborative and respectful approach. These core values lay the basis for individualized treatment planning, attention to the client's social environment, a multicultural perspective, and a recognition that client advocacy is part of the counselor's role. The authors believe strongly that clients differ not only in the specific behaviors and consequences associated with their drug use but also in culture, gender, social environments, physical concerns, mental health, and a host of other variables. Using an integrated approach, they describe innovative methods for meeting clients' needs through personalized assessment, treatment planning, and behavior change strategies, showing readers how to select the most effective treatment modalities for each client.

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Editorial Review

Review

"Overall, this is highly applicable and practical text [that also gives] students a solid base for their practice."

"The textbook discusses real world situations my students will address in the field."

About the Author

Judith A. Lewis (Ph.D., University of Michigan) retired in 2008 from Governors State University, where she served as Professor and Chair of Addictions Studies and Behavioral Health. A licensed psychologist in Illinois, she is a past president of the American Counseling Association (ACA) and the International Association of Marriage and Family Counselors. She is co-author of *MANAGEMENT OF HUMAN SERVICE PROGRAMS*, Fifth Edition; *COMMUNITY COUNSELING: EMPOWERMENT STRATEGIES FOR A DIVERSE SOCIETY*, Third Edition; and *SUBSTANCE ABUSE COUNSELING*, Fifth Edition (all Brooks/Cole Cengage Learning).

Robert Q. Dana (Ph.D., Vanderbilt University) is Vice President for Student Affairs and Dean of Students at the University of Maine. He has direct responsibility for all campus life programs including Greek Life, Alcohol and Drug Education Programs, Residence Life, Counseling Services, and campus-wide crisis management services. Dr. Dana spent a substantial part of his career as an addictive behaviors researcher and practitioner. He writes frequently on substance abuse and has conducted numerous studies on epidemiology and etiology of alcohol and other drug abuse. Dana has served as an extramural reviewer for state and federal agencies and as a journal reviewer for *Addictive Behaviors*. He teaches courses on addictions and is a member of the graduate faculty at University of Maine.

Gregory A. Blevins (Ph.D., Western Michigan University) is a retired Professor Emeritus from the College of Health and Human Services at Governors State University. He held positions as the assistant dean of the college, chair of the Addictions Studies and Behavioral Health Department, and full professor of Addictions Studies. He completed the Specialty Certificate in Alcohol and Drug Abuse in 1974 and his doctorate in Sociology in 1979. Dr. Blevins is a founder and life member of the International Coalition for Substance Abuse Educators and has served as a trainer for the Bemidji Area Office of Indian Health Services since 1988.

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