



Victims No Longer: The Classic Guide for Men Recovering from Sexual Child Abuse

By Mike Lew

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VICTIMS NO LONGER was the first book written specifically for non-offending adult male survivors of incest and other sexual child abuse, rape, physical violence, emotional abuse, abandonment and neglect. It offers hope and encouragement to these courageous men and those who love them - partners, family, and friends - as they heal from their traumas of boyhood, adolescence, and manhood. This book has remained in print for over 25 years. Updated, revised, and translated, its messages resonate with survivors and allies across cultural, linguistic, racial, religious and geographical boundaries. The ebook version will provide an additional resource to survivors, therapists, counselors, and allies throughout the world. VICTIMS NO LONGER is a gentle guide, a resource for healing, learning, and thriving, helping survivors to: break through isolation, shame, fear, and grief; achieve understanding of the long-term effects of sexual abuse; and take power over their lives, relationships, work, emotions, and sexuality. It enables the reader to begin working through issues of trust, intimacy, sexual confusion, loss, power, control, and connection - making life choices that aren't determined by the abuse. Topics include masculinity, emotions, sexuality, homophobia, shame, guilt, survival strategies, perfectionism, individual and group therapy, confrontation, forgiveness, and moving on. Universal, yet deeply personal, VICTIMS NO LONGER offers a sense of belonging, understanding, and liberation for men at all stages of recovery. This classic work has been called "life-saving," "compassionate," "comprehensive," "clear," "moving," "a beacon of hope," "definitive," "warm," "a salvation," "comforting," "challenging," "required reading," and "loving." VICTIMS NO LONGER continues to speak clearly and powerfully to the pain, fears, needs, hopes, and dreams of male survivors and the people who care about them as they navigate their odyssey of recovery. www.victimsnolonger.org



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Editorial Review

Review

“Victims No Longer will remain for years to come the original resource manual for adult male survivors.”
(Hank Estrada, P.L.E.A, the National Organization for Male Survivors)

“We finally have a book which can offer men support on their journey towards recovery and healing.” (Dan Sexton, Survivors of Child Abuse Program of Childhelp USA)

“Male victims carry a particular burden of shame. Victims No Longer helps to lift the burden.” (Judith Herman, M.D., author of Father-Daughter Incest)

“The most important resource for men healing from past sexual abuse. Comprehensive, compassionate and clear, it offers hope.... (Wendy Maltz, author of The Sexual Healing Journey)

“Passionate and compassionate , both speaking out on behalf of male victims and illuminating a number of pathways toward healing.” (David Fineklhor, Director, Crimes Against Children Research Center, University of New Hampshire)

“Accessible, moving, and validating... a beacon of hope for sexually abused men and their loved ones..”
(Richard Gartner, Ph.D., author of Betrayed as Boys)

“As an Episcopal priest...I depend upon Mike Lew’s insights in my daily work.” (The Reverend Anne C. Fowler, Rector, St. John's Episcopal Church, MA)

“A touchstone of guidance, hope and understanding that helps therapists, survivors and their loved ones.” (- Ernesto Mujica, Ph.D.)

“Victims No Longer sits on my desk as a reference guide for both myself and my clients.” (Vicki Polin, M.A., ATR, LCPC, Director and Founder, The Awareness Center)

“The first book I recommend to new clients.” (Howard Fradkin, Ph.D., Male Survivor Retreat Chairperson)

“The definitive book on men who were abused. I refer other professionals to the book and make it required reading.” (Joe Amico, M.Div., CAS, CSAC, President, National Association for Lesbian and Gay Addiction Professionals)

“Victims No Longer breaks the isolation, shame and sense of uniqueness that most male survivors struggle with. (Ken Singer, LCSW, Executive Director, NJ Association for the Treatment of Sexual Abusers)

About the Author

Mike Lew, M.Ed., a psychotherapist and group therapy leader, is co-director of The Next Step Counseling and Training Center in Newton Centre, MA. He provides public lectures, professional trainings, and workshops for survivors nationwide, and he has appeared on "The Oprah Winfrey Show," "Sally Jessy

Raphael," and many other television and radio programs.

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Frank Ouellette:

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Helen Leavitt:

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Sharon Hite:

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Christina Bales:

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