



# When Life Hurts: Finding Hope and Healing from the Pain You Carry

By Jimmy Evans, Frank Martin

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We all experience emotional pain--and even devastation--in our lives, but few of us know how to deal with it properly. Our unresolved pain accumulates deep within the recesses of our hearts, in a place Jimmy Evans calls the "hurt pocket." The more pain we accumulate, the more we are mentally, emotionally, and relationally crippled. But what if we could reach into that hurt pocket, confront our pain, and experience release and freedom?

Jimmy Evans shows readers how to completely remove and resolve every negative event from their past that is compromising their present and keeping them from their God-given destiny. He helps readers forgive others and themselves and discover true inner peace.

Perfect for individuals, as well as small groups and entire churches, *When Life Hurts* will help set people free from the pain of the past so they can live fully in the present and look forward to the future.

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## When Life Hurts: Finding Hope and Healing from the Pain You Carry By Jimmy Evans, Frank Martin Bibliography

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### Editorial Review

From the Inside Flap

**When you're free from the pain of your past, you can live fully in the present--and look with hope toward the future.**

We all experience emotional pain, but few of us know how to deal with it properly. Our unresolved pain accumulates deep within the recesses of our hearts, in a place Jimmy Evans calls the "hurt pocket." The more we accumulate, the more we are mentally, emotionally, and relationally crippled. But what if we could reach into that hurt pocket, confront our pain, and experience release and freedom?

In this life-changing book, Jimmy Evans shows you how to completely remove and resolve every negative event from your past that is compromising your present and keeping you from your God-given destiny. With inspired vulnerability and searing honesty, he helps you forgive others and yourself--and discover true inner peace. **Jimmy Evans** is the cofounder of *MarriageToday*, an award-winning television program that airs nationally to more than one hundred million households daily on Daystar and reaches more than two hundred countries worldwide. In 1994 he and his wife, Karen, founded MarriageToday Ministries as a way to bring help and healing to hurting couples. They are the authors of the bestselling *Marriage on the Rock*, and Jimmy is also the author of several other books, including *Lifelong Love Affair*. He and Karen are popular speakers whose conferences on marriage and family issues regularly draw huge crowds. Find out more at [www.MarriageToday.com](http://www.MarriageToday.com).

**Frank Martin** is the author or coauthor of many books, including *Lifelong Love Affair*, *Furious Pursuit*, and *Embracing Eternity*. A frequent collaborator, he has written books with such notable personalities as Nicky Cruz, Jerry Jenkins, Tim LaHaye, Dr. O. S. Hawkins, Wally Armstrong, and Dr. Robert Schuller. For more information, please visit [www.frankmartin.net](http://www.frankmartin.net).

From the Back Cover

"Jimmy Evans will help you lighten the load you've accumulated over a lifetime."--from the foreword by **Chris Hodges**

"Some wounds are so deep they impact how we live and who we are. Jimmy Evans shines a light on those dark, unhealthy places--all while pointing readers toward God, the source of true healing."--**Dr. Tony Evans**, senior pastor, Oak Cliff Bible Fellowship; president, The Urban Alternative

"Jimmy Evans teaches us the power of surrender. His biblical and honest approach will help free us from past hurts and struggles as well as serve as an important tool to help others who have experienced wounding from their past. A must-read for everyone!"--**Joni Lamb**, cofounder, Daystar Television Network

"*When Life Hurts* lovingly deals with all types of scarring experiences and speaks God's truth into each and every one. Read this book with an open heart and receive his healing."--**Debbie Morris**, executive pastor, Gateway Church in Dallas/Fort Worth; bestselling author, *The Blessed Marriage* and *The Blessed Woman*

"Jimmy Evans is a true father in the faith. He has written a powerful book that will bring you from a place of hurting to true healing in God."--**Stovall Weems**, lead pastor, Celebration Church

"Our very close friend Jimmy Evans offers meaningful help to every one of us who has endured the indescribable pain of unexpected, deep hurt. In this book you will find help and healing for the deepest wounds in your heart."--**Betty Robison**, cohost, *LIFE Today*

"To a culture that says you can do and be anything if you set your mind to it, Jimmy Evans suggests a different path: that some hurts are impossible to escape by simply gritting your teeth and pressing on. Sometimes you need the healing hand of God. That hope is evident on every page of this book."--**Christine Caine**, founder, the A21 Campaign; bestselling author, *Undaunted*

#### About the Author

**Jimmy Evans** is the cofounder of *MarriageToday*, an award-winning television program that airs nationally to more than 100 million households daily on Daystar and reaches more than 200 countries worldwide. In 1994 he and his wife, Karen, founded MarriageToday Ministries as a way to bring help and healing to hurting couples. They are the authors of the bestselling *Marriage on the Rock*, and Jimmy is also the author of several other books, including *Lifelong Love Affair*, *The Keys to Sexual Fulfillment in Marriage*, and *7 Secrets of Successful Families*. He and Karen are popular speakers whose conferences on marriage and family issues regularly draw huge crowds. They divide their time between Amarillo and Dallas, Texas. Find out more

at [www.MarriageToday.com](http://www.MarriageToday.com).

**Frank Martin** is the author or coauthor of nineteen books, including *Lifelong Love Affair*, *Furious Pursuit*, and *Embracing Eternity*. A frequent collaborator, he has written books with such notable personalities as Nicky Cruz, Jerry Jenkins, Tim LaHaye, Dr. O. S. Hawkins, Wally Armstrong, and Dr. Robert Schuller. He has written articles for numerous magazines, including *Marriage Partnership*, *Discipleship Journal*, and *Pray!* and served for twenty years as a family commentary writer for Focus on the Family. He lives in Colorado Springs, Colorado, with his wife, Ruthie, and their two children. For more information, please visit [www.frankmartin.net](http://www.frankmartin.net).

## Users Review

### From reader reviews:

#### **Jesica Demarco:**

Here thing why this specific When Life Hurts: Finding Hope and Healing from the Pain You Carry are different and trustworthy to be yours. First of all reading through a book is good nevertheless it depends in the content of it which is the content is as scrumptious as food or not. When Life Hurts: Finding Hope and Healing from the Pain You Carry giving you information deeper including different ways, you can find any guide out there but there is no reserve that similar with When Life Hurts: Finding Hope and Healing from the Pain You Carry. It gives you thrill studying journey, its open up your own personal eyes about the thing that will happen in the world which is maybe can be happened around you. You can actually bring everywhere like in park your car, café, or even in your technique home by train. Should you be having difficulties in bringing the printed book maybe the form of When Life Hurts: Finding Hope and Healing from the Pain You Carry in e-book can be your alternative.

#### **Elizabeth Branch:**

Now a day people who Living in the era everywhere everything reachable by connect to the internet and the resources in it can be true or not call for people to be aware of each information they get. How a lot more to

be smart in acquiring any information nowadays? Of course the answer then is reading a book. Examining a book can help folks out of this uncertainty Information specially this When Life Hurts: Finding Hope and Healing from the Pain You Carry book because this book offers you rich details and knowledge. Of course the data in this book hundred % guarantees there is no doubt in it as you know.

**Patricia Frazier:**

The experience that you get from When Life Hurts: Finding Hope and Healing from the Pain You Carry will be the more deep you looking the information that hide within the words the more you get considering reading it. It doesn't mean that this book is hard to comprehend but When Life Hurts: Finding Hope and Healing from the Pain You Carry giving you excitement feeling of reading. The copy writer conveys their point in a number of way that can be understood by anyone who read the idea because the author of this reserve is well-known enough. This kind of book also makes your current vocabulary increase well. Therefore it is easy to understand then can go to you, both in printed or e-book style are available. We advise you for having this kind of When Life Hurts: Finding Hope and Healing from the Pain You Carry instantly.

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