



Worms Eat My Garbage: How to Set Up and Maintain a Worm Composting System

By Mary Appelhof

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A new edition of the definitive guide to vermicomposting--a process using redworms to recycle human food waste into nutrient-rich fertilizer for plants. Author Mary Appelhof provides complete illustrated instructions on setting up and maintaining small-scale worm composting systems. Internationally recognized as an authority on vermicomposting, Appelhof has worked with worms for over three decades. Topics include: bin types, worm species, reproduction, care and feeding of worms, harvesting, and how to make the finished product of potting soil.

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Editorial Review

Review

"... people ... will thank [Appelhof] for showing us ... how we can eat better food by growing gardens with wormpower."--**Pete Seeger, folksinger, environmental activist**

"You might say that Kalamazoo has become the epicenter of vermiculture (a fancy name for worm composting) ..."--**Anne Raver, *The New York Times***

"[This book] supplies everything you want to know about worm composting but didn't know where to ask."--**Green Living Magazine** *This text refers to an out of print or unavailable edition of this title.*

About the Author

Mary Appelhof was recognized as an international authority and lecturer on small-scale vermicomposting. As owner of Flowerfield Enterprises and Flower Press, she dedicated over 20 years to the research, development, and marketing of products related to the earthworm, such as the Worm-a-way worm bin for which she held both Canadian and USA patents. Mary received many honors including a National Science Foundation grant, was an invited speaker at the Global Assembly of Women and the Environment, and received special merit recognition as one of Renew America's Environmental Success Stories. Mary also coordinated the international research conference workshop on the Role of Earthworms in the Stabilization of Organic Residues and compiled its proceedings. An award-winning photographer, she held master's degrees in education and biological sciences, and taught high school biology. Mary passed away in 2005.

Users Review

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Have you spare time for a day? What do you do when you have a lot more or little spare time? That's why, you can choose the suitable activity for spend your time. Any person spent their own spare time to take a wander, shopping, or went to the Mall. How about open or even read a book eligible Worms Eat My Garbage: How to Set Up and Maintain a Worm Composting System? Maybe it is to become best activity for you. You already know beside you can spend your time with your favorite's book, you can wiser than before.

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Worms Eat My Garbage: How to Set Up and Maintain a Worm Composting System can be one of your beginner books that are good idea. We recommend that straight away because this guide has good vocabulary that may increase your knowledge in vocabulary, easy to understand, bit entertaining but nevertheless delivering the information. The writer giving his/her effort to place every word into satisfaction arrangement in writing Worms Eat My Garbage: How to Set Up and Maintain a Worm Composting System but doesn't forget the main place, giving the reader the hottest and based confirm resource information that maybe you can be among it. This great information can certainly drawn you into completely new stage of crucial thinking.

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