



Off the Grid Eating: Recipes for Survival and Enjoyment without Electricity (Prepper's Kitchen Book 1)

By Skip Plemmons

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Whether you're a prepper, a survivalist, a camping enthusiast, a boondocker, a homesteader, a hunter, a fugitive (okay, hopefully you're not a fugitive) or simply looking to get off the grid, you'll need food.

Make it good!

What is the benefit to living off the grid?

The joy of living in the present moment without the stress and craziness/ridiculousness of modern living where many aspects of your life are often dictated to you and at best, manipulated.

Being that it is such a joy living freely and independently, preparing food is a big

part of that.

So is basic survival preparedness and a full, working knowledge of survival food.

In this series, you will learn various creative methods of preparing food you've bought, hunted, gathered or grown.

Skip Plemmons enjoyed the freedom of off grid living in an Arizona desert yurt for a couple of years when he wasn't vagabonding all over the country in his youth. He also practices self sufficiency on his small farm in North Georgia.

In this book you'll learn how to prepare off the grid at an expert level,

Hoe Cakes

Flour Tortillas

Biscuits

Easy, No Knead Bread

English Muffins

Plantains, Potato and Onion Omelet

Hash and Eggs

Chicken in a Pot

Venison, Broccoli and Apple Stir-Fry

Rattlesnake Rice

Tex-Mex Stuffed Peppers

Grilled Quail with Cilantro, Mango and Peach Salsa

Squirrel Stew

Chicken Fricassee and Carrot Dumplings

Mutton Ragout

Potato Pepper Packets

Slow and Steady Collard Greens

Red Cabbage, Apples and Onions

Bean and Rice, Puerto Rican Style

Fish Cakes

Dutch Oven Apple Crisp

Bread Pudding

Quick Fried Peach Pies

?

Print these recipes and stash em in your bug out bag.

Be prepared. Survive. Thrive and have fun!

Enjoy, you rascals.

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Emily Carey:

Exactly why? Because this Off the Grid Eating: Recipes for Survival and Enjoyment without Electricity (Prepper's Kitchen Book 1) is an unordinary book that the inside of the guide waiting for you to snap this but latter it will jolt you with the secret the item inside. Reading this book close to it was fantastic author who else write the book in such wonderful way makes the content inside easier to understand, entertaining means but still convey the meaning thoroughly. So , it is good for you because of not hesitating having this any more or you going to regret it. This phenomenal book will give you a lot of gains than the other book include such as help improving your talent and your critical thinking way. So , still want to hold off having that book? If I were you I will go to the book store hurriedly.

Micheal Mata:

Playing with family within a park, coming to see the ocean world or hanging out with good friends is thing that usually you have done when you have spare time, in that case why you don't try point that really opposite from that. Just one activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition associated with. Even you love Off the Grid Eating: Recipes for Survival and Enjoyment without Electricity (Prepper's Kitchen Book 1), you may enjoy both. It is good combination right, you still wish to miss it? What kind of hangout type is it? Oh can occur its mind hangout men. What? Still don't get it, oh come on its identified as reading friends.

Mark McKinney:

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