



Pith Instructions: Selected Teachings and Poems

By Dilgo Khyentse Rinpoche, Jamgon Mipham, Jigme Lingpa

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This small collection of commentaries and verse by Dilgo Khyentse Rinpoche, one of the greatest spiritual leaders of the twentieth century, contains exposition on different stages of the Buddhist path from the perspective of meditative experience and actually putting the teachings into practice. Originally given orally to Western students, the texts afford a rare glimpse into the direct transmissions of a master teacher. The commentaries are on ?

- *The Wheel of Investigation and Meditation That Thoroughly Purifies Mental Activity* by Jamgön Mipham

- *The Lamp That Dispels Darkness* by Jamgön Mipham

- *A Wondrous Ocean of Advice for the Practice of Retreat in Solitude* by Jigme Lingpa.

These, along with the five selected poems in the final section, provide an introduction to the wisdom and compassion of Khyentse Rinpoche.

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