



The Great Book of Hemp: The Complete Guide to the Environmental, Commercial, and Medicinal Uses of the World's Most Extraordinary Plant

By Rowan Robinson

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Hemp, *Cannabis sativa*, has been called the world's most versatile plant. Materials made from hemp fiber have been discovered in tombs dating back to 7000 B.C. During the Middle Ages hemp was used to treat fevers, insomnia, and malaria. Columbus's ships had sails of hemp, and during colonial times it was universally grown because its strong fibers made superior ropes, sails, cloth, and paper. In fact, hemp was used for money in most of the Americas from 1631 until the early 1800s, and the original drafts of the Declaration of Independence and the Constitution were written on hemp paper.

As a food, the oil from hemp seeds has the highest percentage of essential fatty acids and the lowest percentage of saturated fats. Britain and Canada have recently lifted bans on growing industrial hemp and today it is reappearing in the marketplace in an amazing array of products: from lip-salve, jeans, salad oil, and cheese to paper products, composite fiberboard, and biomass fuel.

This illustrated, easy-to-read guide covers all aspects of hemp:

- The history of its cultivation worldwide
- Its role as a source of renewable energy and as an alternative for paper manufacturing and fossil fuels
- Its versatility as a fiber
- Its many nutritional and medicinal uses
- Examines the physiological and psychological effects of marijuana use in recreation and therapy

- A comprehensive resource section includes information on organizations involved in legalizing hemp, product suppliers, and an annotated bibliography.

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Editorial Review

Review

"*The Great Book of Hemp* brings together a vast amount of information on all aspects of this remarkable plant in an illustrated, entertaining, easily accessible format. Readers will learn the history of hemp cultivation worldwide and its role as a source of renewable energy and as a raw material for paper manufacturing. Lost in the political discussions about marijuana usage is hemp's versatility as a fiber and its many nutritional and medicinal uses. *The Great Book of Hemp* provides a comprehensive resource section with information on organizations involved in legalizing hemp, product suppliers, and an annotated bibliography." (*Wisconsin Bookwatch*)

"The engagingly written, well-illustrated reference book is a thoughtful contribution to the discussion of hemp. *The Great Book of Hemp* makes a strong case for reconsidering hemp now!" (*Thomas P. Healy, Branches*)

From the Back Cover

CURRENT AFFAIRS

“Hemp is of first necessity of the wealth and protection of the country.”

--Thomas Jefferson

Hemp, *Cannabis sativa*, has been called man's greatest plant ally. It has been worshipped as a source of spiritual enlightenment and a sustainer of human life, but until recently hemp's amazing past was virtually forgotten. Once at the foundation of civilization's economy, it was not until the twentieth century that hemp was outlawed. But hemp is back. Europe and Canada have lifted bans on growing industrial hemp and it has exploded onto the marketplace in a dazzling array of products: from jeans, sneakers, and lip balm to tree-free paper, fiber board, and insulation. With new technology it is possible to make anything from hemp that we now make from petroleum--including paint, plastic, and biomass energy.

In this illustrated, comprehensive guide, Rowan Robinson reveals hemp's hidden history. He examines hemp's role as man's first fiber crop, its role in Hinduism and other world religions, and as the catalyst of cultural revolution in the 1960s. Robinson also exposes the prejudices and cover-ups behind the marijuana hysteria of the last fifty years.

Calling on contemporary studies, as well as ancient wisdom, Robinson makes an extensive analysis of the nutritional and medicinal uses of hemp and of its surprising potential to solve some of the world's, most troubling environmental problems such as soil erosion, soil contamination, and deforestation. With a resource section listing the companies and organizations involved in the hemp renaissance, *The Great Book of Hemp* is your complete guide to the world's most extraordinary plant.

About the Author

Rowan Robinson is the pen name of an author who chooses to remain anonymous.

Users Review

From reader reviews:

Stephan Stephens:

Book is to be different for each and every grade. Book for children until adult are different content. We all know that that book is very important for us. The book *The Great Book of Hemp: The Complete Guide to the Environmental, Commercial, and Medicinal Uses of the World's Most Extraordinary Plant* has been making you to know about other know-how and of course you can take more information. It is extremely advantages for you. The publication *The Great Book of Hemp: The Complete Guide to the Environmental, Commercial, and Medicinal Uses of the World's Most Extraordinary Plant* is not only giving you a lot more new information but also to get your friend when you truly feel bored. You can spend your current spend time to read your publication. Try to make relationship using the book *The Great Book of Hemp: The Complete Guide to the Environmental, Commercial, and Medicinal Uses of the World's Most Extraordinary Plant*. You never feel lose out for everything when you read some books.

Richard Poston:

Reading can called thoughts hangout, why? Because when you are reading a book especially book entitled *The Great Book of Hemp: The Complete Guide to the Environmental, Commercial, and Medicinal Uses of the World's Most Extraordinary Plant* your mind will drift away trough every dimension, wandering in most aspect that maybe mysterious for but surely will end up your mind friends. Imaging every word written in a book then become one form conclusion and explanation which maybe you never get just before. The *The Great Book of Hemp: The Complete Guide to the Environmental, Commercial, and Medicinal Uses of the World's Most Extraordinary Plant* giving you yet another experience more than blown away your head but also giving you useful info for your better life in this particular era. So now let us teach you the relaxing pattern is your body and mind will probably be pleased when you are finished studying it, like winning a sport. Do you want to try this extraordinary paying spare time activity?

Brian Mejia:

That guide can make you to feel relax. This particular book *The Great Book of Hemp: The Complete Guide to the Environmental, Commercial, and Medicinal Uses of the World's Most Extraordinary Plant* was multi-colored and of course has pictures around. As we know that book *The Great Book of Hemp: The Complete Guide to the Environmental, Commercial, and Medicinal Uses of the World's Most Extraordinary Plant* has many kinds or category. Start from kids until teenagers. For example *Naruto* or *Investigator Conan* you can read and think you are the character on there. Therefore not at all of book are usually make you bored, any it makes you feel happy, fun and unwind. Try to choose the best book for you personally and try to like reading that will.

Cherly Plaster:

As a pupil exactly feel bored in order to reading. If their teacher asked them to go to the library or even make summary for some publication, they are complained. Just minor students that has reading's internal or real

their hobby. They just do what the teacher want, like asked to go to the library. They go to at this time there but nothing reading significantly. Any students feel that reading is not important, boring as well as can't see colorful pictures on there. Yeah, it is to be complicated. Book is very important for you. As we know that on this period of time, many ways to get whatever we wish. Likewise word says, ways to reach Chinese's country. Therefore this The Great Book of Hemp: The Complete Guide to the Environmental, Commercial, and Medicinal Uses of the World's Most Extraordinary Plant can make you experience more interested to read.

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