



Improvise: Scene from the Inside Out

By Mick Napier

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This expanded and revised edition has a new foreword by *The Late Show* host Stephen Colbert, additional advice and tips for success, and a full reproduction of Mick Napier's web journal from his time directing the famous show *Paradigm Lost* for The Second City that included Tina Fey, Rachel Dratch, and Kevin Dorff.

Renowned improv instructor and award-winning director Mick Napier has been at the heart of the professional improvisation community for more than 25 years. The first edition of *Improvise*. quickly earned its position as necessary reading for improv students across the country and around the world and gave birth to a new generation of performers who questioned "The Rules" of improvisation. In this entertaining and incredibly informative book, Napier will teach you the essentials of...

- Why "The Rules" don't matter
- How to take care of yourself in a scene
- Using context to your advantage
- Effective two-person scenes
- Balanced large-cast scenes
- Successful auditioning
- Solo exercises you can practice at home

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