



Samurai Swordsmanship: The Batto, Kenjutsu, and Tameshigiri of Eishin-Ryu

By Carl E. Long, Masayuki Shimabukuro

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Describing the principles and techniques that define Japan's most popular style of swordsmanship, this martial arts manual gives practitioners master-level instruction. This book is a collection of the most effective and proven fighting methods spanning from the feudal to the modern eras. It illuminates the art with masterful photography and is accompanied by in-depth descriptions of the methods perfected by Japan's ancient warrior class. Providing instruction on the etiquette, fundamental footwork, striking, countering, defensive tactics, test cutting, maintenance, and safety needed for proficiency in authentic swordsmanship, this expert guide transports martial arts practitioners beyond mere physical technique and opens the door to self-mastery through the use of the samurai sword.

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Editorial Review

About the Author

Carl E. Long has trained in the arts of karate, Japanese shito-ryu, Okinawan kobudo, shindo muso ryu jojutsu, and iaido—the art of samurai swordsmanship. As the vice chairman and director for the Jikishin-Kai International, he is responsible for the training and certification of the instructors and schools throughout the United States, Canada, Central America, South America, and Europe. He lives in Kingston, Pennsylvania. **Masayuki Shimabukuro** has trained in the arts of judo, karate, Okinawan kobudo, Japanese shito-ryu, and iaido. He is the international director for the Nippon Kobudo Jikishin-kai martial arts organization and represents authentic Eishin-Ryu samurai swordsmanship worldwide. He holds the title of hanshi—the highest recognition in traditional Japanese martial arts—and has been named *Black Belt* magazine's Weapons Instructor of the Year. He is the author of *Flashing Steel* and *Living Karate*. He lives in San Diego.

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