



The Brain: The Story of You

By David Eagleman

Download now

Read Online ➔

The Brain: The Story of You By David Eagleman

Locked in the silence and darkness of your skull, your brain fashions the rich narratives of your reality and your identity. Join renowned neuroscientist David Eagleman for a journey into the questions at the mysterious heart of our existence. What is reality? Who are “you”? How do you make decisions? Why does your brain need other people? How is technology poised to change what it means to be human? In the course of his investigations, Eagleman guides us through the world of extreme sports, criminal justice, facial expressions, genocide, brain surgery, gut feelings, robotics, and the search for immortality. Strap in for a whistle-stop tour into the inner cosmos. In the infinitely dense tangle of billions of brain cells and their trillions of connections, something emerges that you might not have expected to see in there: you.

This is the story of how your life shapes your brain, and how your brain shapes your life.

(A companion to the six-part PBS series. Color illustrations throughout.)

↓ [Download The Brain: The Story of You ...pdf](#)

📄 [Read Online The Brain: The Story of You ...pdf](#)

The Brain: The Story of You

By David Eagleman

The Brain: The Story of You By David Eagleman

Locked in the silence and darkness of your skull, your brain fashions the rich narratives of your reality and your identity. Join renowned neuroscientist David Eagleman for a journey into the questions at the mysterious heart of our existence. What is reality? Who are “you”? How do you make decisions? Why does your brain need other people? How is technology poised to change what it means to be human? In the course of his investigations, Eagleman guides us through the world of extreme sports, criminal justice, facial expressions, genocide, brain surgery, gut feelings, robotics, and the search for immortality. Strap in for a whistle-stop tour into the inner cosmos. In the infinitely dense tangle of billions of brain cells and their trillions of connections, something emerges that you might not have expected to see in there: you.

This is the story of how your life shapes your brain, and how your brain shapes your life.

(A companion to the six-part PBS series. Color illustrations throughout.)

The Brain: The Story of You By David Eagleman Bibliography

- Sales Rank: #108136 in Books
- Brand: Pantheon Books
- Published on: 2015-10-06
- Released on: 2015-10-06
- Original language: English
- Number of items: 1
- Dimensions: 9.40" h x .80" w x 6.42" l, 1.40 pounds
- Binding: Hardcover
- 224 pages

 [Download The Brain: The Story of You ...pdf](#)

 [Read Online The Brain: The Story of You ...pdf](#)

Editorial Review

Review

Nature

"An ideal introduction to how biology generates the mind.... structured around crucial and wide-ranging questions, saturated with personal and social relevance. And Eagleman's answers are consistently clear, engaging and thought-provoking."

Brian Eno

"David Eagleman's wide-ranging roundup of the current state of knowledge about the brain is concise, accessible and often very surprising. It's a strange new world inside your head."

Stephen Fry

"David Eagleman's *The Brain* is an astonishing read. On every page there is a revelation so fantastic as to make one gasp. It would be impossible to take in if we didn't all possess that impossibly extraordinary thing, a brain. Eagleman comes closer than anyone to solving the mystery of how to find the self inside the grey electric mush between our ears."

Ruby Wax

"David Eagleman makes it easy to comprehend the most complex collection of cells in the Cosmos - our brain. If neuroscience had a rock legend this would be him."

About the Author

Dr. **David Eagleman** is a neuroscientist at Stanford University. His scientific research is published in journals from *Science* to *Nature*, and he is also the author of the internationally bestselling books *Sum* and *Incognito*. He is the writer and presenter of the companion BBC television series *The Brain*.

Excerpt. © Reprinted by permission. All rights reserved.

Introduction

Because brain science is a fast-moving field, it's rare to step back to view the lay of the land, to work out what our studies mean for our lives, to discuss in a plain and simple way what it means to be a biological creature. This book sets out to do that.

Brain science matters. The strange computational material in our skulls is the perceptual machinery by which we navigate the world, the stuff from which decisions arise, the material from which imagination is forged. Our dreams and our waking lives emerge from its billions of zapping cells. A better understanding of the brain sheds light on what we take to be real in our personal relationships and what we take to be necessary in our social policy: how we fight, why we love, what we accept as true, how we should educate, how we can craft better social policy, and how to design our bodies for the centuries to come. In the brain's microscopically small circuitry is etched the history and future of our species.

Given the brain's centrality to our lives, I used to wonder why our society so rarely talks about it, preferring instead to fill our airwaves with celebrity gossip and reality shows. But I now think this lack of attention to the brain can be taken not as a shortcoming, but as a clue: we're so trapped inside our reality that it is inordinately difficult to realize we're trapped inside anything. At first blush, it seems that perhaps there's nothing to talk about. Of course colors exist in the outside world. Of course my memory is like a video

camera. Of course I know the real reasons for my beliefs.

The pages of this book will put all our assumptions under the spotlight. In writing it, I wanted to get away from a textbook model in favor of illuminating a deeper level of enquiry: how we decide, how we perceive reality, who we are, how our lives are steered, why we need other people, and where we're heading as a species that's just beginning to grab its own reins. This project attempts to bridge the gap between the academic literature and the lives we lead as brain owners. The approach I take here diverges from the academic journal articles I write, and even from my other neuroscience books. This project is meant for a different kind of audience. It doesn't presuppose any specialized knowledge, only curiosity and an appetite for self-exploration.

So strap in for a whistle-stop tour into the inner cosmos. In the infinitely dense tangle of billions of brain cells and their trillions of connections, I hope you'll be able to squint and make out something that you might not have expected to see in there. You.

Users Review

From reader reviews:

Michael Cardona:

This The Brain: The Story of You are generally reliable for you who want to be considered a successful person, why. The reason why of this The Brain: The Story of You can be one of several great books you must have is giving you more than just simple examining food but feed a person with information that perhaps will shock your previous knowledge. This book will be handy, you can bring it almost everywhere and whenever your conditions both in e-book and printed kinds. Beside that this The Brain: The Story of You forcing you to have an enormous of experience including rich vocabulary, giving you tryout of critical thinking that could it useful in your day action. So , let's have it and luxuriate in reading.

Hilda Dolan:

Reading can called brain hangout, why? Because if you are reading a book mainly book entitled The Brain: The Story of You your brain will drift away trough every dimension, wandering in each aspect that maybe not known for but surely will become your mind friends. Imaging each and every word written in a publication then become one type conclusion and explanation which maybe you never get previous to. The The Brain: The Story of You giving you another experience more than blown away your mind but also giving you useful facts for your better life in this particular era. So now let us present to you the relaxing pattern the following is your body and mind are going to be pleased when you are finished looking at it, like winning a game. Do you want to try this extraordinary investing spare time activity?

Brandon Inouye:

The book untitled The Brain: The Story of You contain a lot of information on it. The writer explains your girlfriend idea with easy technique. The language is very straightforward all the people, so do certainly not worry, you can easy to read it. The book was published by famous author. The author will take you in the new period of time of literary works. You can read this book because you can continue reading your smart phone, or product, so you can read the book within anywhere and anytime. If you want to buy the e-book,

you can available their official web-site along with order it. Have a nice read.

Etsuko Siler:

A lot of reserve has printed but it takes a different approach. You can get it by world wide web on social media. You can choose the top book for you, science, witty, novel, or whatever by searching from it. It is identified as of book The Brain: The Story of You. You'll be able to your knowledge by it. Without leaving behind the printed book, it might add your knowledge and make a person happier to read. It is most important that, you must aware about guide. It can bring you from one place to other place.

Download and Read Online The Brain: The Story of You By David Eagleman #W8AOSXURYQ4

Read The Brain: The Story of You By David Eagleman for online ebook

The Brain: The Story of You By David Eagleman Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Brain: The Story of You By David Eagleman books to read online.

Online The Brain: The Story of You By David Eagleman ebook PDF download

The Brain: The Story of You By David Eagleman Doc

The Brain: The Story of You By David Eagleman Mobipocket

The Brain: The Story of You By David Eagleman EPub

W8AOSXURYQ4: The Brain: The Story of You By David Eagleman