



The Silva Ultramind ESP System

By Michael Wickett, Ed Bernd, Jose Luis Romero, JoNell Lytle

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Unleash the telepathic powers you were born with! Skeptical? I was, until I proved it to myself. You see, telepathic powers exist in all of us; they are part of the natural way we communicate with each other. Your brain beats at various frequencies, much like your heart. Usually your brain beats at 14 cycles per second, the Beta frequency. Very occasionally it beats between 7 and 14 cycles per second. This frequency is known as Alpha frequency. Alpha is the key to becoming telepathic. A man named Jose Silva perfected a simple 15-minute technique for entering the Alpha level at will, creating his own brand of ESP, which he called "effective sensory projection". The result of this breakthrough is the new *Silva Ultramind ESP System*. Once you've mastered the techniques, you'll be able to:

- Read people like a book.
- Know if someone's telling you the truth.
- Gain knowledge about others' intentions just by looking at them.
- Know anyone's real motives by simply being in the same vicinity.
- See through walls.
- Project your mind to any place in the world to detect information.
- Influence others from a distance.
- Leave reminders and create an instant connection using ESP projection techniques.
- Discover your mission in life.
- Learn what you were sent here to do.
- Improve the lives of others.
- Live a life that's fulfilled and happy.
- Detect hidden information.
- Use dowsing rods and pendulums to locate objects and information you're looking for.
- Learn how the science of psychometry can help you improve the accuracy of your intuitions about people.
- Get and stay healthy longer.
- Learn to tune in to your physical, emotional, and spiritual needs.
- Establish instant rapport with anyone you meet.

- Create a feeling of trust, connection and enjoyment.
- Relieve stress and relax more easily.

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Bibliography

- Sales Rank: #22893 in Audible
- Published on: 2014-10-14
- Released on: 2014-10-14
- Format: Original recording
- Original language: English

- Running time: 443 minutes

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George Sanders:

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