



The Yeast Connection and Women's Health (The Yeast Connection Series)

By William G. Crook

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A growing number of women suffer from chronic health disorders that seem to defy treatment, with problems ranging from vaginitis to migraines and depression. Now, hope is at hand in the completely revised and updated *The Yeast Connection and Women's Health*. Included is vital information on prescription and nonprescription antifungals, lifestyle changes, dietary modifications, and nutritional supplements—all presented in easy-to-understand language with real examples of women who restored vibrant health to their lives.

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Bibliography

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Editorial Review

Review

Dr. Crook was one of my nutritional heroes. I am constantly amazed at his prophetic insights into yeast-related problems. -- *Ann Louise Gittleman, Ph.D., C.N.S., Author, The Fat Flush Plan and Before the Change*

Dr. Crook's advice can restore optimal health! -- *Christiane Northrup, M.D., Author, Women's Bodies, Women's Wisdom*

If women want to truly be healthy, my recommendation: every woman should read this book! -- *Joseph Mercola, M.D., Director, mercola.com*

No one has done as much to educate people and the medical profession about yeast-related health problems as Dr. Crook. -- *Leo Galland, M.D., Author, Power Healing and Director, Center for Integrated Medicine*

This is a must read for every woman who has health issues, wants to be prepared for health issues. -- *Judith Rajhathy, B.A., D.Ac., R.N.C.P., author of Free to Fly: A Journey Toward Wellness*

From the Publisher

The Yeast Connection and Women's Health is an update of the best-selling classic The Yeast Connection and the Woman, by the pioneering Dr. William "Billy" Crook, whose yeast-fighting legacy Dr. Dean is now continuing.

From the Author

If I told you that there is a fungus trapped in your intestines that produces 180 chemical toxins that are capable of shutting down your thyroid, throwing your hormones off balance and causing you to crave sugar and alcohol -- all of which would also make you put on weight --would you believe me? Many physicians are unaware of the extent of this problem or what to do about it. In reality, the yeast problem is so extensive and so devastating that we have updated this book and included a completely new section on excess weight and the yeast connection.

Users Review

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Micheal Clothier:

Why don't make it to be your habit? Right now, try to ready your time to do the important behave, like looking for your favorite guide and reading a guide. Beside you can solve your long lasting problem; you can add your knowledge by the guide entitled The Yeast Connection and Women's Health (The Yeast Connection Series). Try to make book The Yeast Connection and Women's Health (The Yeast Connection Series) as your good friend. It means that it can to become your friend when you feel alone and beside associated with course make you smarter than in the past. Yeah, it is very fortuned for yourself. The book makes you a lot more confidence because you can know every thing by the book. So , let us make new experience along with knowledge with this book.

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Kevin Caputo:

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Mark Brainerd:

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